

Community and Human Services

Degree Guidelines for Associate in Arts and Associate of Science

Community and Human Services is a field of study that aims to prepare learners to improve the quality of life of individuals, families, groups, and communities; develop, enhance, and improve access to services for people in need; and promote equality and social justice.

Studies in Community and Human Services emphasize five essential foundations. For the associate degree, students are expected to meet a minimum of at least three foundations through courses and/or prior learning assessment and explain in the rationale essay how these foundations are met. Below are suggested courses that can be utilized to meet each foundation; these courses have been mapped to meet the learning outcomes for the foundation. Courses in other disciplines may also be utilized; students are expected to discuss how the course in the other discipline meets the foundation in the rationale essay.

Foundation # 1: Human Behavior

- Learning outcome: The student will be able to analyze human behavior within the context of various social, developmental, global, economic, political, biological, and/or environmental systems.
- Courses which meet this guideline include (but are not limited to):
 - CHFS 1005 Intimate Relationships and Marriage
 - CHFS 2132 Introduction to Cyberbullying
 - CHFS 2122 Introduction to Family Studies
 - CHFS 2005 Child Abuse and Neglect
 - CHFS 2027 Stress and Resilience in Families
 - HUSV 3060 Spiritual Resilience: Healing from Within
 - CHFS 3127 Understanding Mental Illness Children & Adolescents
 - DISB 3005 ADHD and Neurodiversity
 - CHFS 3050 Interpersonal Violence
 - CHFS 3020 Childhood Trauma: Theory, Treatment and Recovery
 - HUSV 3127 Coping with Life Challenges
 - CHFS 3010 Cultural Impacts on Aging (Aging & Longevity)
 - HLHS 3015 Grief and Loss
 - ADDS 4005 Adolescence and Addictions
 - HLHS 4010 Exploring Happiness
 - HUSV 4157 Health and Wellness for Human Service and Criminal Justice Professionals
 - CHFS 4020 Interventions with At Risk Youth
 - CHFS 4025 Pregnancy and Parenting
 - CHFS 4030 Processes of Divorce
 - HUSV 4045 Secondary Trauma in Human Service Workers
 - HUSV 4152 Counseling Lesbian, Gay, Bisexual, and Transgender Populations
 - CHFS 4035 Trauma and Recovery in Adults

Foundation # 2: Service Delivery

- Learning outcome: The student will be able to examine institutions and policies that are specific to the delivery of services in the proposed field of study.
- Courses which meet this guideline include (but are not limited to):
 - HLHS 1023 Introduction to Community and Public Health
 - HUSV 2005 Women in the Helping Professions
 - HLHS 2006 Women's Health and Social Transformation
 - CHFS 2010 Exploring the Professions: Careers in Gerontology
 - HLAD 2010 The United States Health Systems
 - CHFS 2015 Helping Children & Adolescents cope with bullying
 - HLHS 2017 Introduction to Global Health
 - HUSV 2035 Introduction to Human Services
 - HUSV 2040 Recareering in Human Services
 - HUSV 2045 The Call to Service
 - HLAD 3005 Community Health
 - HLHS 3011 Vulnerable Populations: Health and Social Justice
 - CHFS 3015 Child Welfare in the United States
 - HLAD 3015 Comparative Health Systems
 - HUSV 3015 Delivering Human Services
 - HLAD 3025 Economic Issues in Health Care
 - DISB 3025 Psychosocial Impact of Illness and Disabilities
 - DISB 3030 The Disability Rights Movement: Policy & Legislation
 - CHFS 3035 Global Perspectives on Aging
 - HUSV 3035 History of US Social Welfare Policy
 - HLAD 3040 Health Disparities
 - HUSV 3040 Human Service Management
 - CHFS 3040 Understanding Adoption
 - HUSV 3045 Outreach and Marketing in Human Service Organizations
 - CHFS 3050 Interpersonal Violence
 - HLAD 3055 Managed Care
 - HUSV 3068 Social Welfare Policy
 - HLAD 3122 Principles of Public Health
 - HLAD 3127 Infections and Epidemics: Biocultural Perspectives
 - HLHS 3127 Patient Engagement in Today's Healthcare System
 - HLHS 3132 US Healthcare System: Structure & Financing
 - HUSV 3132 War on Poverty: Implications and Perspectives for Human Service Professionals
 - CHFS 3142 Child and Family Policy
 - HUSV 3142 Disaster Mental Health Theory and Practice
 - HUSV 3147 Human Services in Disaster
 - HUSV 4015 Contemporary Issues in Human Services
 - HLAD 4015 Healthcare Policy
 - CHFS 4015 Home, School, & Community Collaboration
 - HLAD 4020 Leadership in Health Care
 - HUSV 4050 Social Policy Analysis

- HUSV 4112 International Non-Governmental Organizations
- HLHS 4127 Women and the Business of Healthcare
- HUSV 4132 Refugees and Displaced Populations: Service Delivery

Foundation # 3: Skills & Application

- Learning outcome: The student will be able to apply skills in assessment, intervention, and evaluation with individuals, families, groups, and/or communities.
- Learning outcome: The student will be able to integrate knowledge, values, and skills related to the proposed field of study.
- Courses which meet this guideline include (but are not limited to):
 - ADDS 2005 Addiction and Dependency: Introduction
 - CHFS 2005 Child Abuse and Neglect
 - DISB 2005 Creative Arts Therapy with Children with Autism and Other Special Needs
 - HUSV 2010 Case Management
 - CHFS 2010 Exploring the Professions: Careers in Gerontology
 - DISB 2010 Disabilities in the Workplace
 - CHFS 2015 Helping Children & Adolescents cope with bullying
 - HUSV 2020 Crisis Intervention: Theory & Practice
 - DISB 2020 Health and Disabilities in Human Service Advocacy
 - HUSV 2025 Helping and Counseling Skills
 - DISB 2025 Human Service Practice with Disabilities
 - HUSV 2035 Introduction to Human Services
 - CHFS 2122 Introduction to Family Studies
 - DISB 3005 ADHD and Neurodiversity
 - HUSV 3005 Advocacy in Human Services
 - ADDS 3005 Interventions for Addiction Disorders
 - HUSV 3010 Animals, Society, and Human Services
 - HLAD 3010 Community Health Education & Communication
 - HLHS 3010 Creativity and Healing
 - ADDS 3010 Substance Abuse Interventions in the Workplace
 - HLHS 3015 Grief and Loss
 - CHFS 3015 Child Welfare in the United States
 - HUSV 3015 Delivering Human Services
 - CHFS 3020 Childhood Trauma: Theory, Treatment and Recovery
 - HLAD 3020 Cultural Competency in Healthcare
 - HUSV 3020 Documentation in Human Services
 - HLHS 3020 Healing Through Music
 - DISB 3020 Human Service Practice with Children with Disabilities
 - ADDS 3020 Substance Abuse with Special Populations
 - CHFS 3022 Counseling Children and Adolescents
 - HUSV 3022 Crisis Intervention II
 - CHFS 3025 Elder Abuse
 - HUSV 3025 Funding and Human Service Organizations
 - HLAD 3025 Economic Issues in Health Care

- DISB 3025 Psychosocial Impact of Illness and Disabilities
- CHFS 3030 Family Intervention
- HUSV 3030 Group Work
- HLHS 3030 Understanding Forgiveness & Healing within Human Services
- HLAD 3040 Health Disparities
- HUSV 3040 Human Service Management
- CHFS 3045 Human Service Practice with Older Adults
- HUSV 3045 Outreach and Marketing in Human Service Organizations
- HLAD 3050 Healthcare Management
- CHFS 3050 Interpersonal Violence
- HUSV 3050 Personal Coaching
- CHFS 3055 Investigation for Protective Services
- HLAD 3055 Managed Care
- HUSV 3055 Powerful Questions
- HUSV 3065 Spirituality in the Helping Relationship
- CHFS 3065 Supporting Active Military, Veterans, and their Families
- HUSV 3070 Supervision in Human Services
- HUSV 3122 Conflict in Human Services
- HLAD 3122 Principles of Public Health
- ADDS 3122 Virtual Addictions in the 21st Century
- HUSV 3127 Coping with Life Challenges
- HLHS 3127 Patient Engagement in Today's Healthcare System
- CHFS 3127 Understanding Mental Illness Children & Adolescents
- HLHS 3132 US Healthcare System: Structure & Financing
- CHFS 3142 Child and Family Policy
- HUSV 3142 Disaster Mental Health Theory and Practice
- HUSV 3147 Human Services in Disaster
- ADDS 4005 Adolescence and Addictions
- DISB 4005 Aging With a Developmental Disability
- HUSV 4005 Bereavement Counseling
- CHFS 4005 Cognitive Behavioral Strategies with Children
- ADDS 4006 Women and Addictions
- ADDS 4010 Advanced Interventions for Substance Use Disorders
- DISB 4010 Assessment and Evaluation of Disabilities
- HUSV 4010 Community Organizing
- HLHS 4010 Exploring Happiness
- ADDS 4015 Evidence-based Substance Abuse Counseling
- HLAD 4015 Healthcare Policy
- CHFS 4015 Home, School, & Community Collaboration
- CHFS 4020 Interventions with At Risk Youth
- HLAD 4020 Leadership in Health Care
- HUSV 4025 Holistic Healing in Human Services
- HLAD 4030 Understanding Medical Marijuana: Multidisciplinary Perspectives
- HUSV 4035 Internship in Human Services
- CHFS 4035 Trauma and Recovery in Adults
- HUSV 4040 Program Evaluation

- HUSV 4050 Social Policy Analysis
- HUSV 4112 International Non-Governmental Organizations
- HUSV 4132 Refugees and Displaced Populations: Service Delivery
- HUSV 4152 Counseling Lesbian, Gay, Bisexual, and Transgender Populations
- HUSV 4157 Health and Wellness for Human Service and Criminal Justice Professionals
- HUSV 4162 Human Services with Special Populations

Foundation # 4: Ethics

- Learning outcome: The student will be able to apply the code of ethics and/or the professional standards within the proposed field of study.
- Learning outcome: The student will be able to reconcile possible conflicts between one's own values and professional expectations.
- Courses which meet this guideline include (but are not limited to):
 - HUSV 2035 Introduction to Human Services
 - HLAD 3045 Healthcare Ethics
 - HLAD 3050 Healthcare Management
 - HUSV 4030 Human Service Ethics

Foundation # 5: Diversity

- Learning outcome: The student will be able to analyze the impact and importance of human diversity on service delivery, including but not limited to, race, ethnicity, gender, class, socioeconomic status, age, culture, religious beliefs, sexual orientation, sexual identify, geographic differences, and/or ability.
- Learning outcome: The student will be able to examine the impact of one's own power, privilege, and oppression on work with individuals, families, groups, and communities.
- Courses which meet this guideline include (but are not limited to):
 - DISB 2010 Disabilities in the Workplace
 - HLHS 2013 Culture, Illness, and healing
 - DISB 2015 Disabled in America
 - DISB 2020 Health and Disabilities in Human Service Advocacy
 - CHFS 2027 Stress and Resilience in Families
 - CHFS 3005 African American Families
 - HLAD 3005 Community Health
 - DISB 3010 Cross-Cultural Perspectives on Disabilities
 - CHFS 3010 Cultural Impacts on Aging (Aging & Longevity)
 - HLHS 3011 Vulnerable Populations: Health and Social Justice
 - HLAD 3015 Comparative Health Systems
 - HLAD 3020 Cultural Competency in Healthcare
 - ADDS 3020 Substance Abuse with Special Populations
 - CHFS 3035 Global Perspectives on Aging
 - HUSV 3035 History of US Social Welfare Policy
 - HLAD 3040 Health Disparities
 - CHFS 3045 Human Service Practice with Older Adults

- CHFS 3060 Multicultural Study of Children and Families
- CHFS 3142 Child and Family Policy
- HUSV 4020 Diversity in Human Services
- CHFS 4020 Interventions with At Risk Youth
- HLHS 4127 Women and the Business of Healthcare
- HUSV 4132 Refugees and Displaced Populations: Service Delivery
- HUSV 4162 Human Services with Special Populations

Students pursuing degrees in Community and Human Services cannot use the terms “counseling” or “therapy” in their concentration titles. Students should consult with their mentors about concentration titles appropriate for their degree plans.