

The Role of Pesticide Exposure in Parkinson's Disease

Brain Awareness Week

March 15, 2022

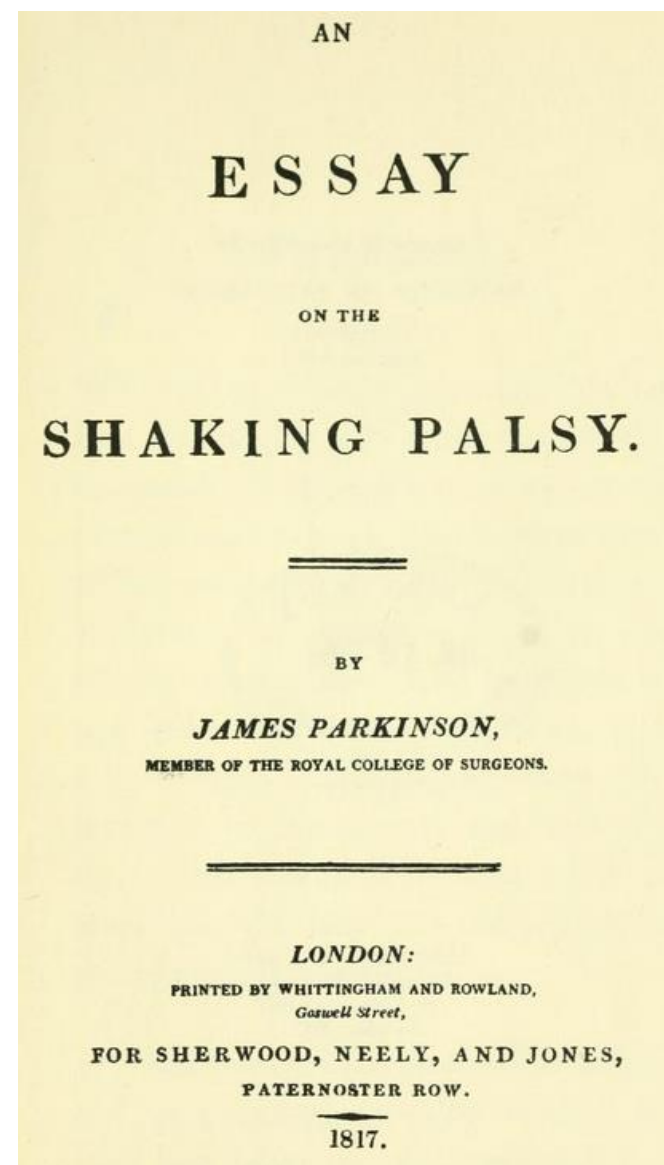
Dr. Matthew Eckard

SUNY Empire State College



Parkinson's Disease

- 2nd most common neurodegenerative disorder
- Primarily a movement and motor control disorder
- Progressive disease in the brain
 - Basal ganglia
- Vast majority of cases (95%) are idiopathic (not genetic)



Parkinson's Disease

- Primarily a movement and motor control disorder



T Tremor: shaking, usually starting on one side

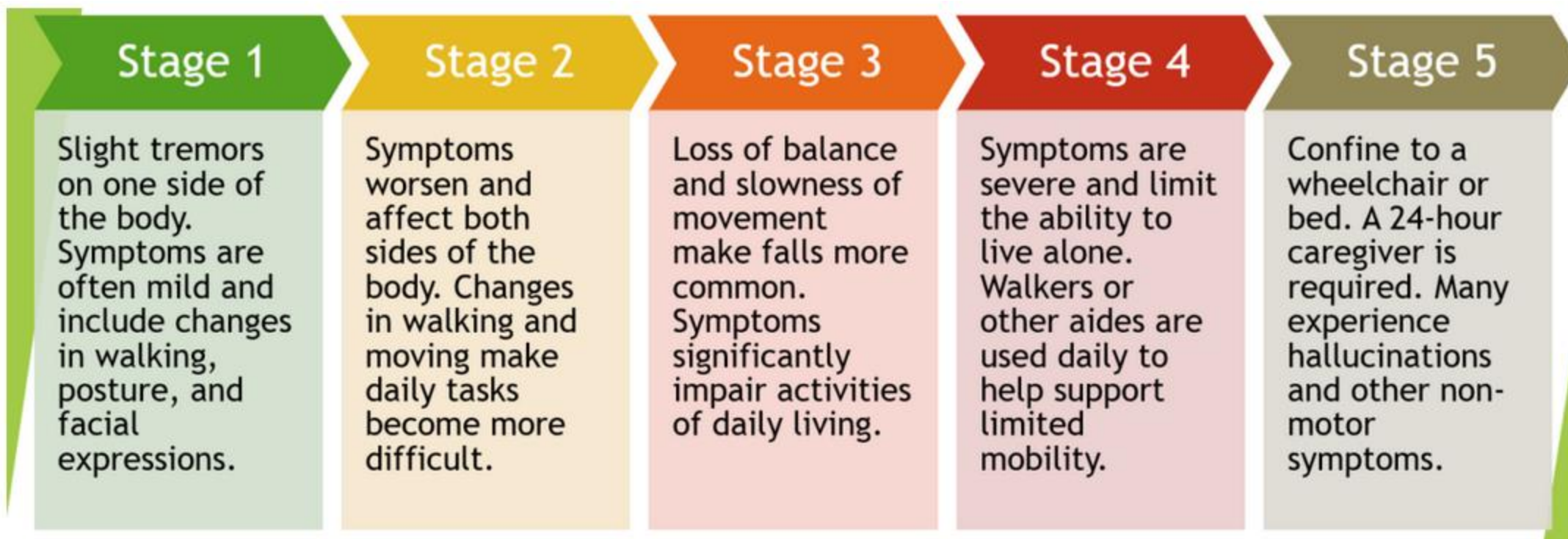
R Rigidity: stiffness of the limbs, neck, or trunk

A Akinesia: loss or impairment in power of voluntary movement

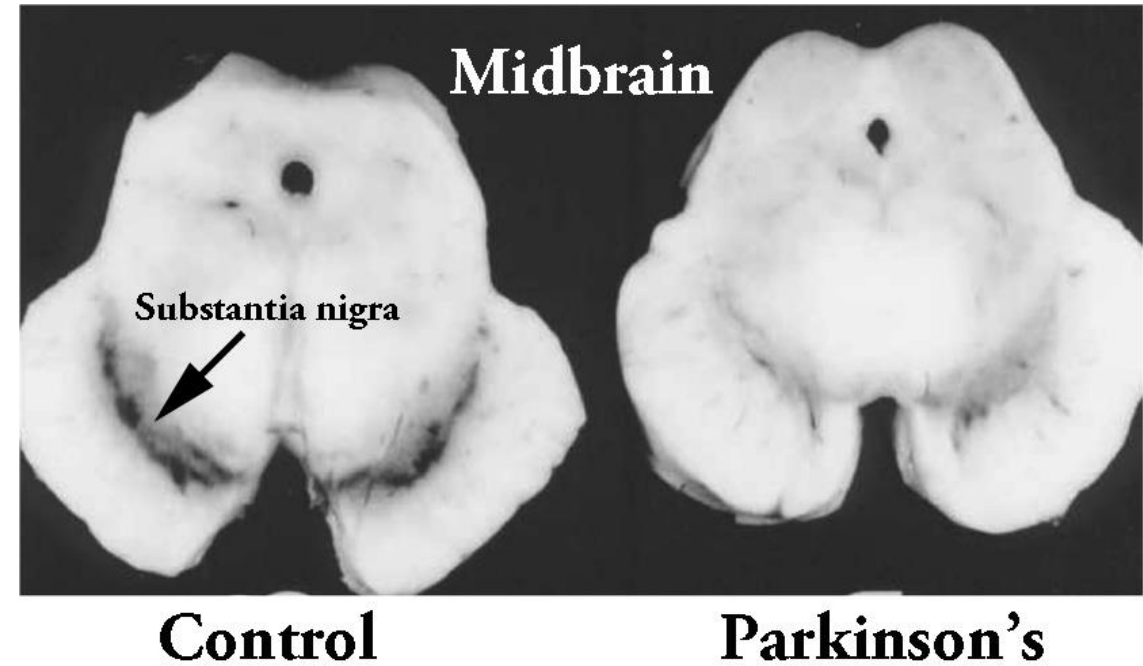
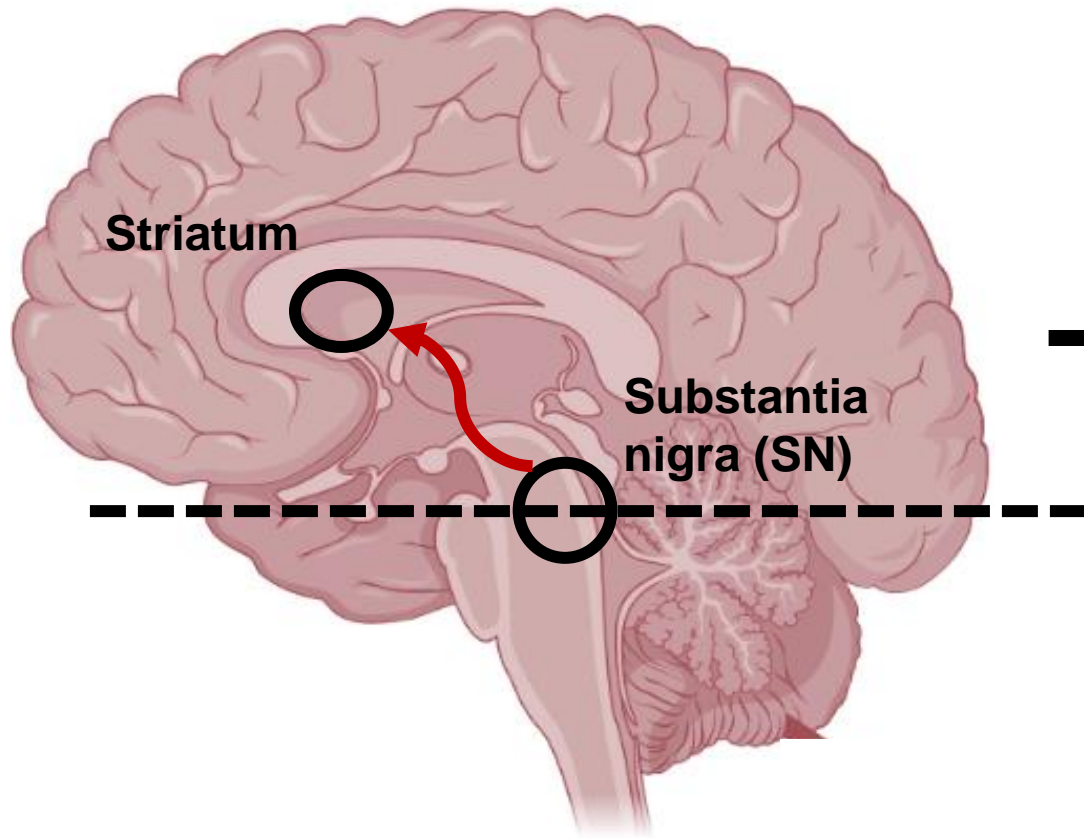
P Posture and balance

Parkinson's Disease

- Comprised of 5 progressive stages of severity

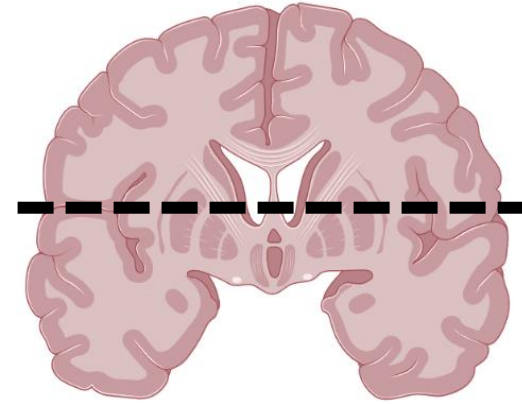


Loss of Dopamine Cells in the Brain

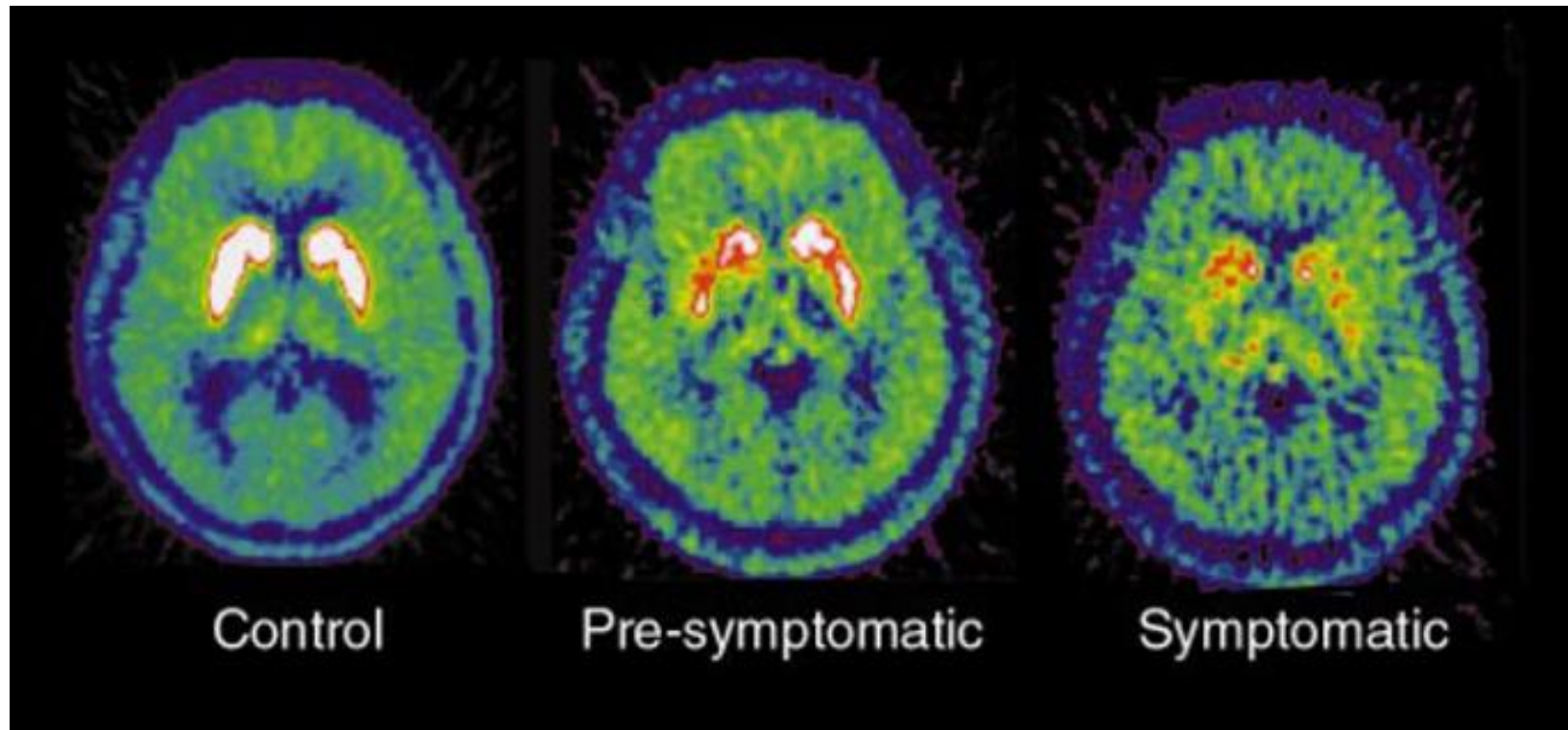


<https://scienceofpd.files.wordpress.com/2018/02/midbrain.jpg>

Dopamine loss in PD

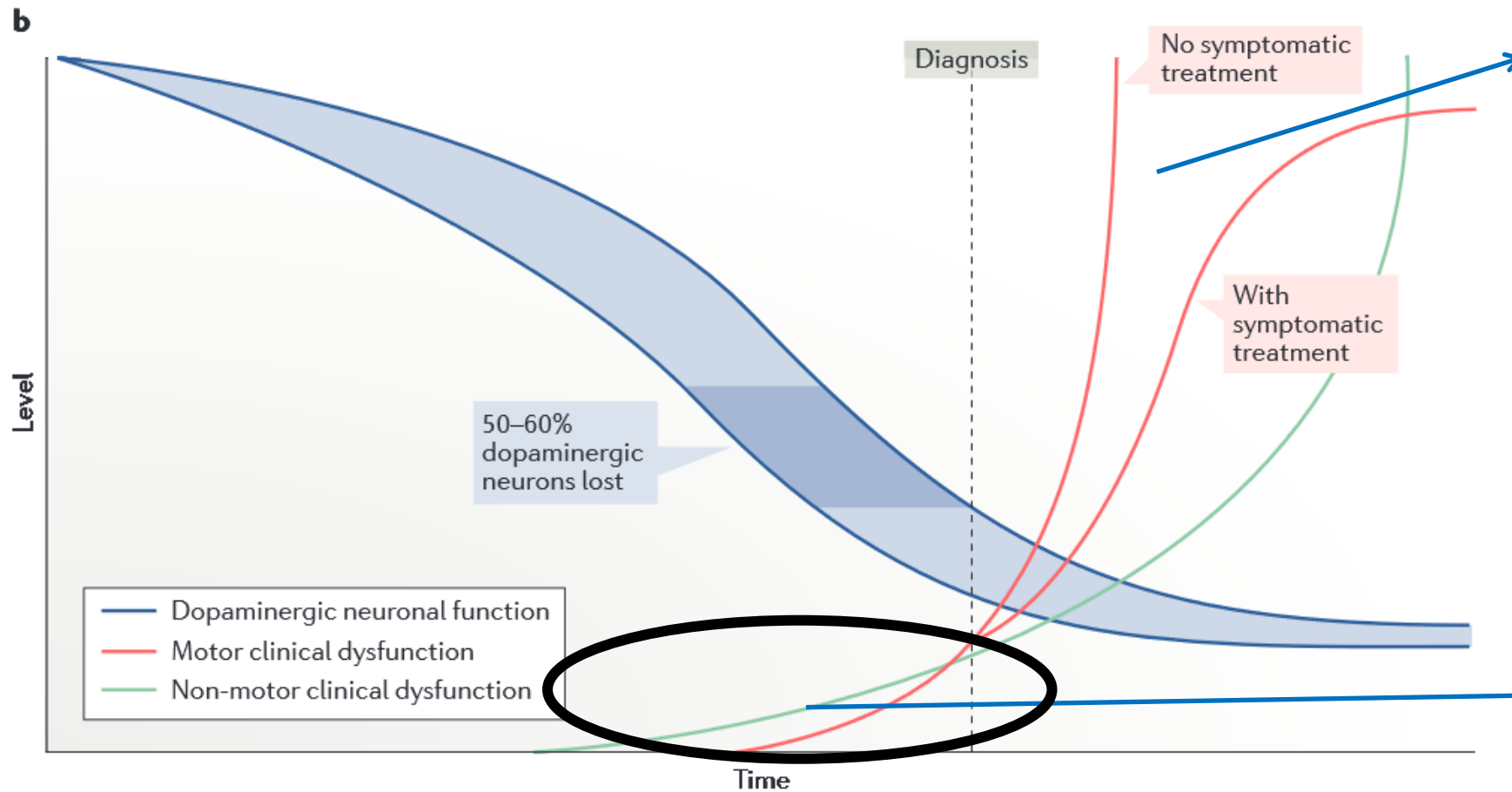


Front of brain



Back of brain

Progression of Parkinson's Disease



Motor Symptoms:

- Akinesia
- Rigidity
- Resting tremor
- Postural instability

Non-motor Symptoms:

- Loss of smell (Hyposmia)
- Apathy/depression
- Cognitive impairment
- Sleep disorder
- Gastrointestinal dysfunction

Risk Factors for Parkinson's Disease

Age

- PD correlates with age

Genetics

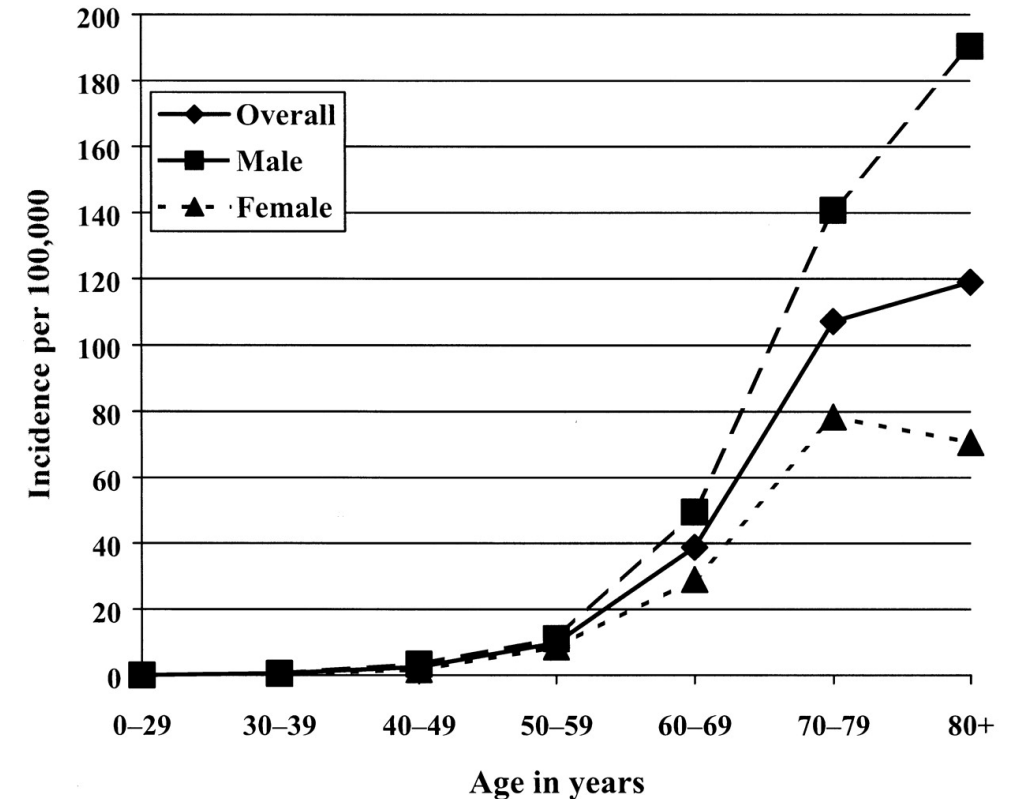
- ~5-10% of cases
- “PARK” genes

Head Trauma

- Contact sports – boxing

Environmental Factors

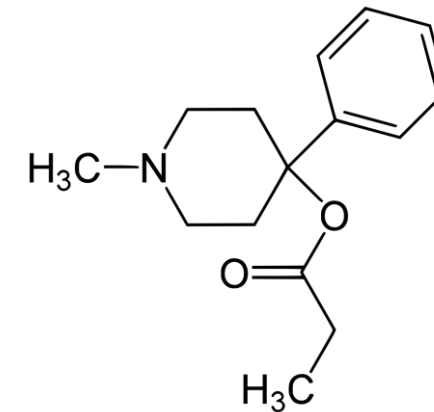
- Herbicides, air pollution, metal exposure, MPTP



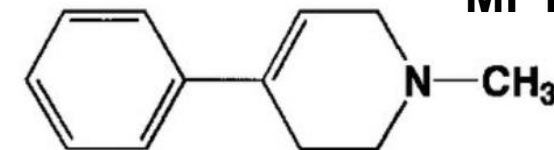
The MPTP model of PD

- Discovery of MPTP – 1982
- Heroin users (26-42 y.o.) reported to ER with acute Parkinsonism
 - Drug contaminated with MPTP
- Provided a model to study PD in the laboratory

California



**Synthetic opioid
MPPP**

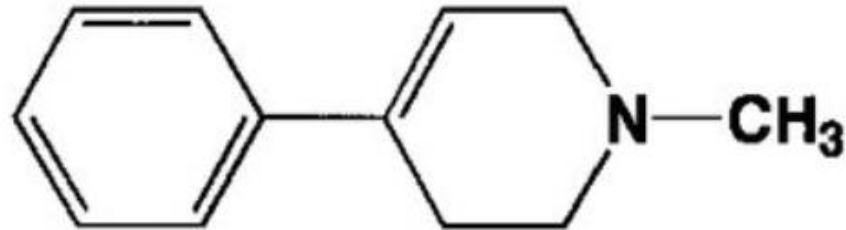


**Dopamine neurotoxin
MPTP**

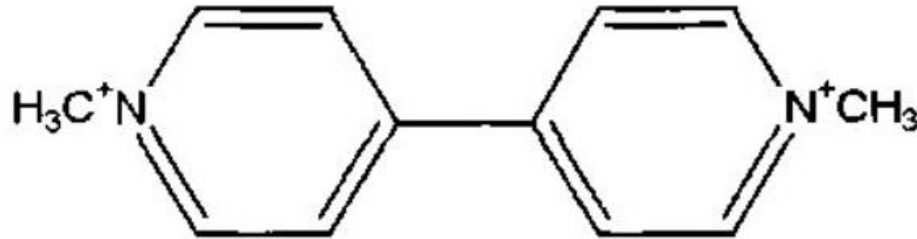


Commonly used herbicide, paraquat, resembles MPTP

MPTP



Paraquat

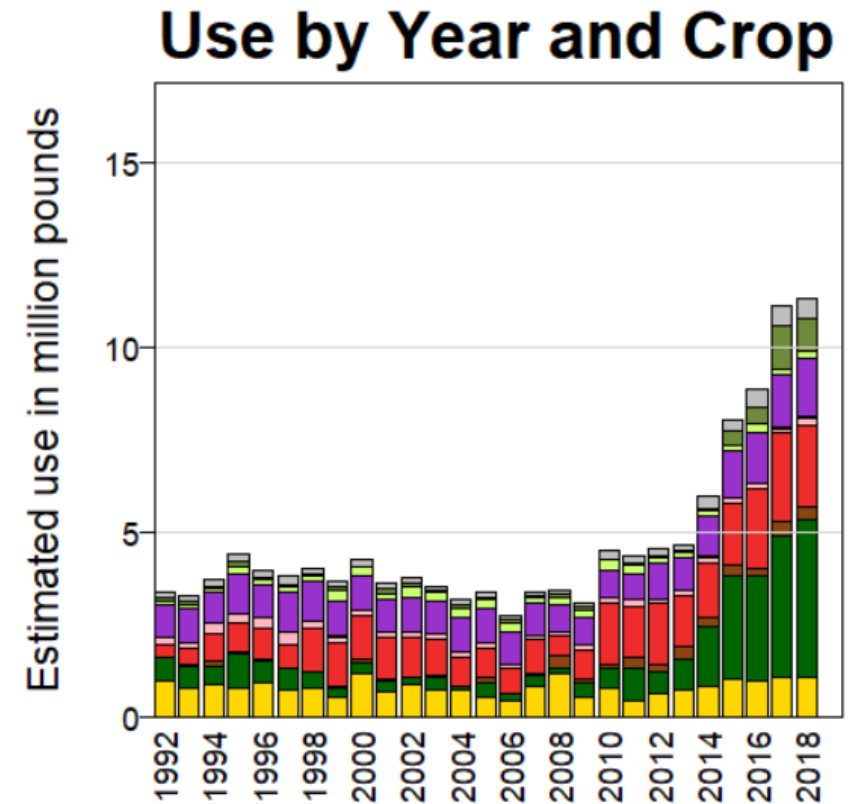
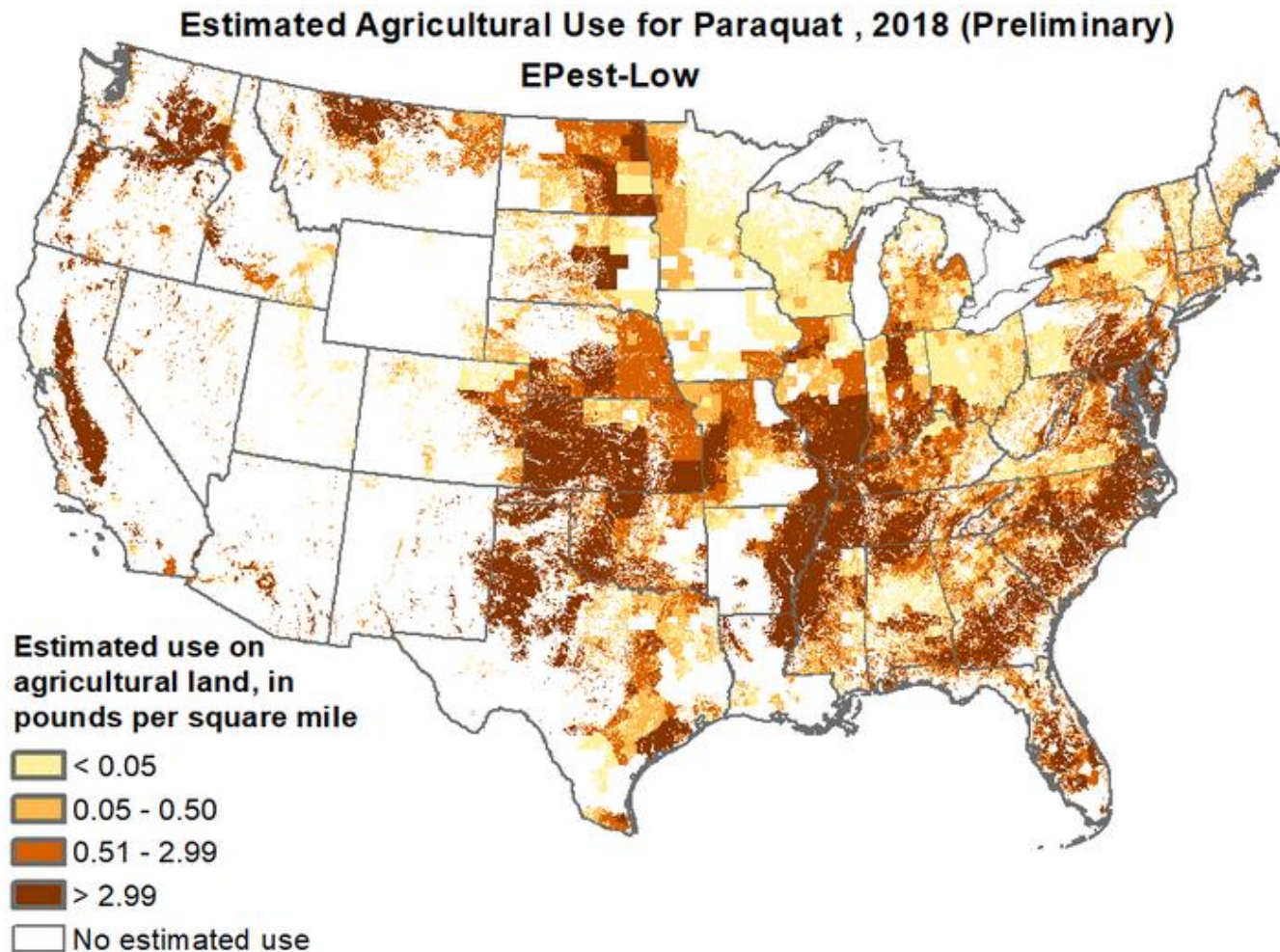


Trade name: Gramoxone

- Paraquat – broad spectrum herbicide
- Acutely toxic to humans in large doses
- Banned in every major agricultural producer except the U.S. – must be licensed applicator



Paraquat use in United States



Paraquat is associated with PD in farmers

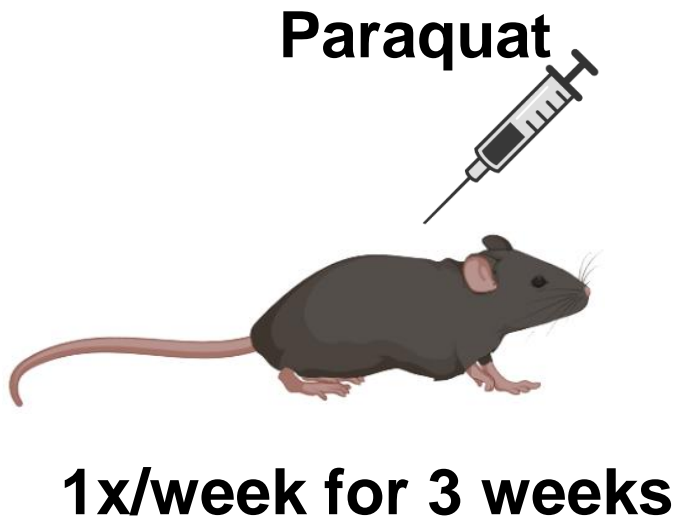
Table 3. Association of PD with ever use of pesticides before diagnosis or reference date by mechanism.

Pesticide	Cases (<i>n</i> = 110) [<i>n</i> (%)]	Controls (<i>n</i> = 358) [<i>n</i> (%)]	OR (95% CI)	<i>p</i> -Value
Oxidative stressors				
Paraquat	23 (24)	49 (14)	2.5 (1.4–4.7)	0.004
Permethrin	16 (16)	41 (12)	1.5 (0.77–2.9)	0.244
Carbon disulfide	2 (2)	3 (1)	2.6 (0.41–16)	0.313
Chloranil	1 (1)	3 (1)	1.6 (0.16–16)	0.706
Cyhalothrin	1 (1)	1 (0)	3.8 (0.22–64)	0.359
Dichlone	3 (3)	8 (2)	1.6 (0.40–6.2)	0.517
Mercury compounds	2 (2)	5 (1)	1.4 (0.26–7.5)	0.692
Pybuthrin	0 (0)	6 (2)	NA	
Any oxidative stressor	35 (40)	93 (28)	2.0 (1.2–3.6)	0.012
Mitochondrial complex I inhibitors				
Benomyl	7 (7)	15 (4)	1.9 (0.70–5.0)	0.207
Carbendazim	1 (1)	2 (1)	2.2 (0.19–25)	0.529
Cyhalothrin	1 (1)	1 (0)	3.8 (0.22–64)	0.359
Permethrin	16 (16)	41 (12)	1.5 (0.77–2.9)	0.244
Pyridaben	0 (0)	1 (0)	NA	
Rotenone	19 (19)	32 (9)	2.5 (1.3–4.7)	0.005
Thiabendazole	3 (3)	12 (3)	0.8 (0.23–3.1)	0.778
Any complex I inhibitor	36 (38)	92 (27)	1.7 (1.0–2.8)	0.041

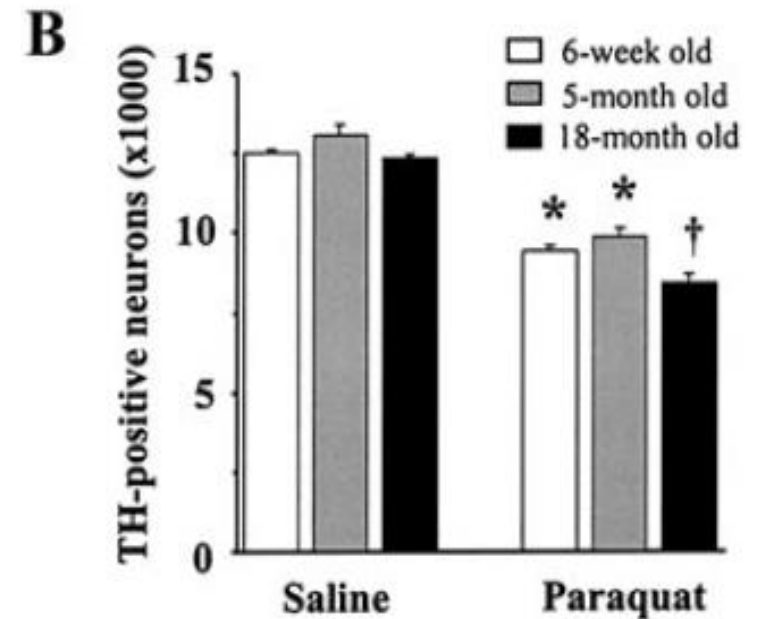
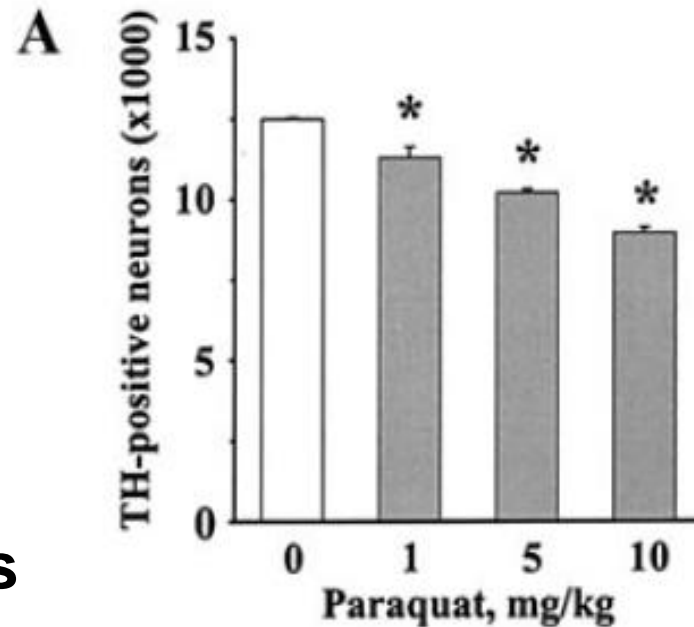
NA, not available. Analyses used logistic regression adjusted for reference age tertile, sex, state, and cigarette smoking.

Tanner et al. (2011) *Env. Health Persp.*

Paraquat reduces dopamine neurons in the substantia nigra of mice



Measure neurons 7 days after last injection

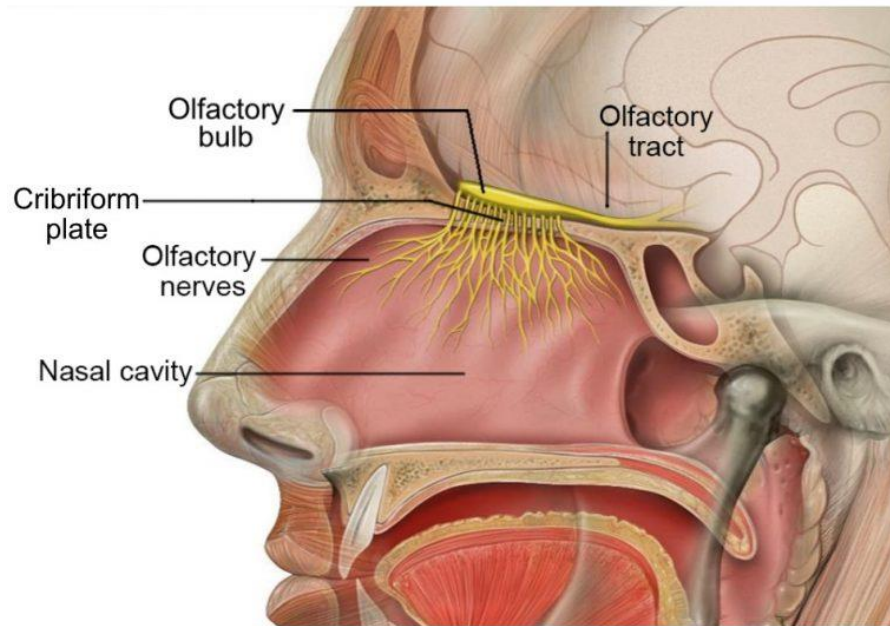


Pesticides can be inhaled

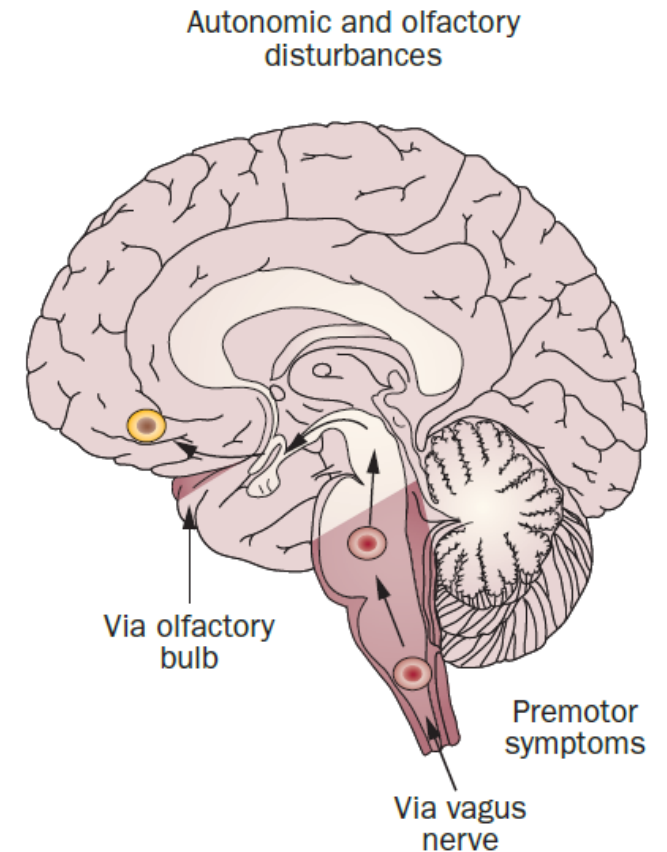


Olfactory pathway in PD

- The olfactory bulb is a highway to the brain



https://en.wikipedia.org/wiki/Olfactory_system#/media/File:Head_Olfactory_Nerve_Labeled.png



Braak Hypothesis

Does paraquat *inhalation* lead to PD-like symptoms in laboratory settings?

Are there lasting effects in the brain long after exposure?

Paraquat Exposure

4 hr/day, 5 days/week

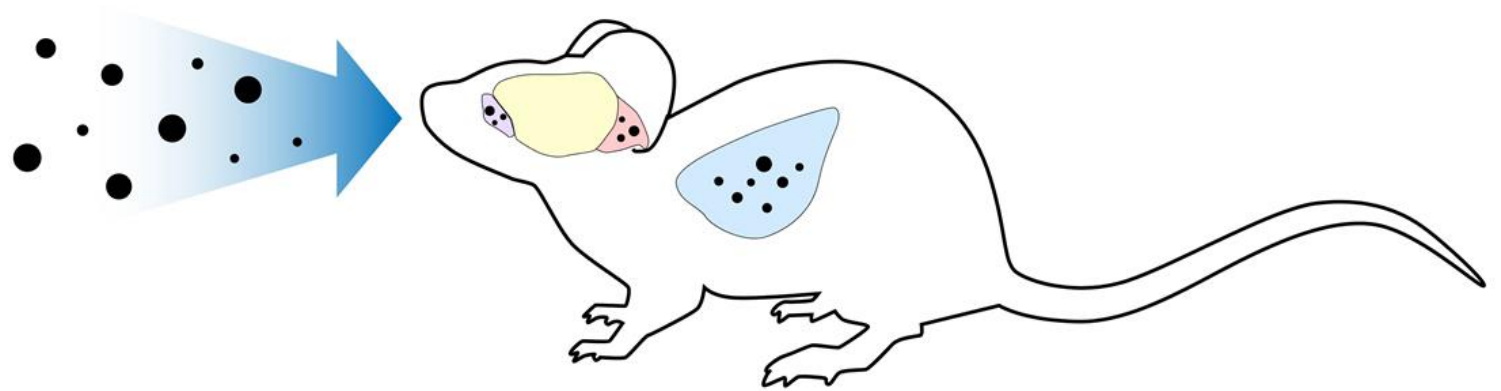
Age: Day 120-150

Outcome measures

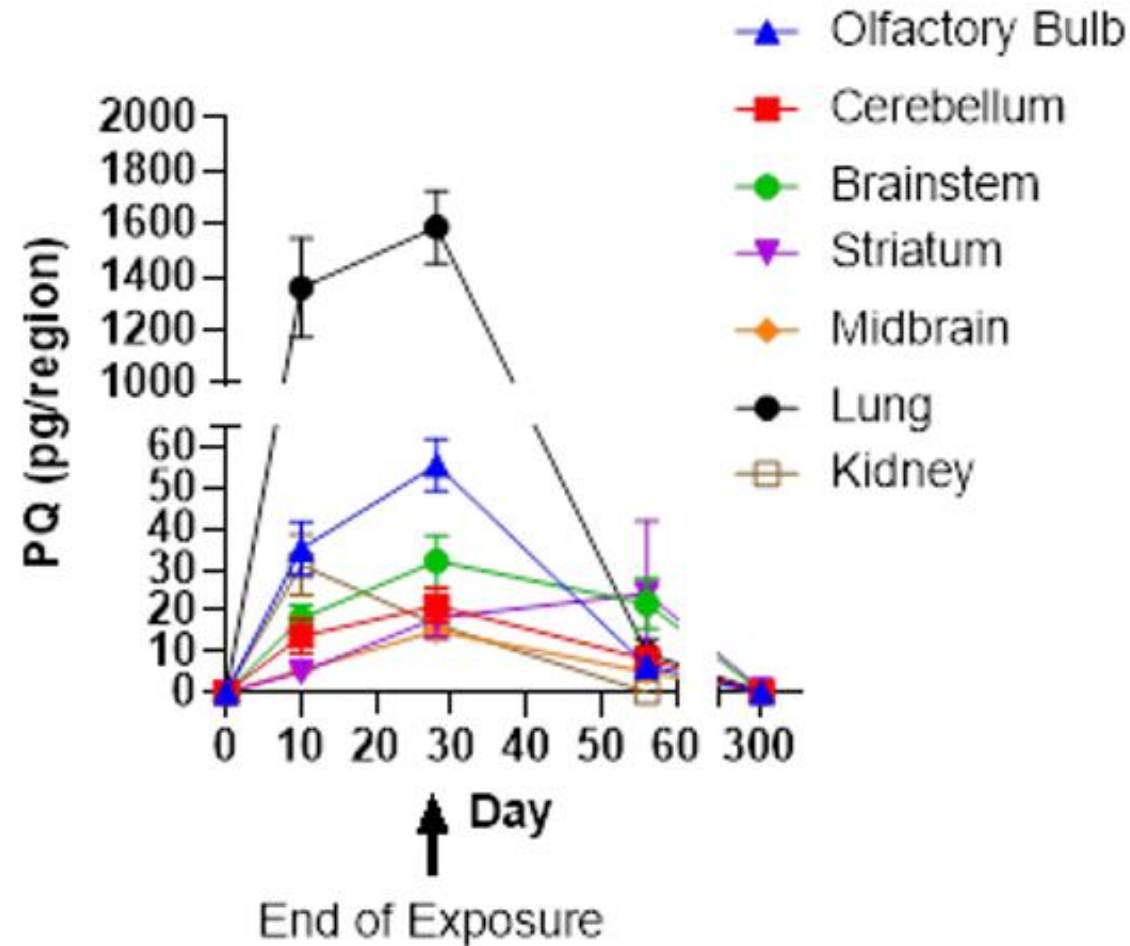
Paraquat accumulation in brain

Behavioral changes (*140 days after exposure*)

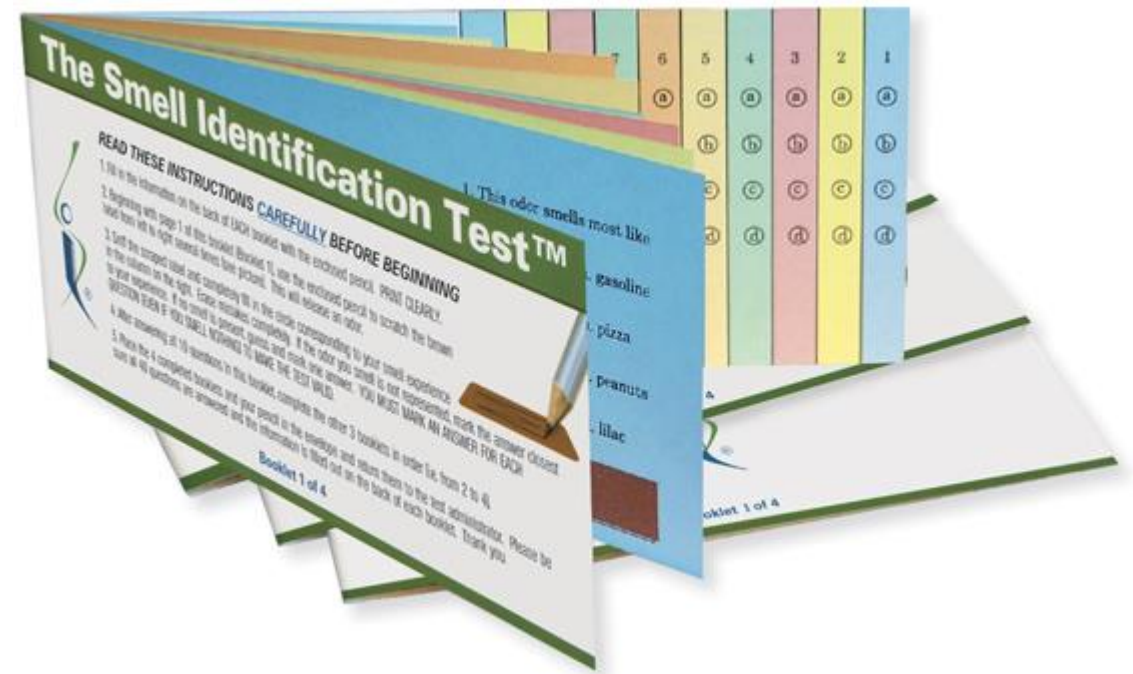
Dopamine changes (*270 days after exposure*)



Paraquat accumulates in the brain

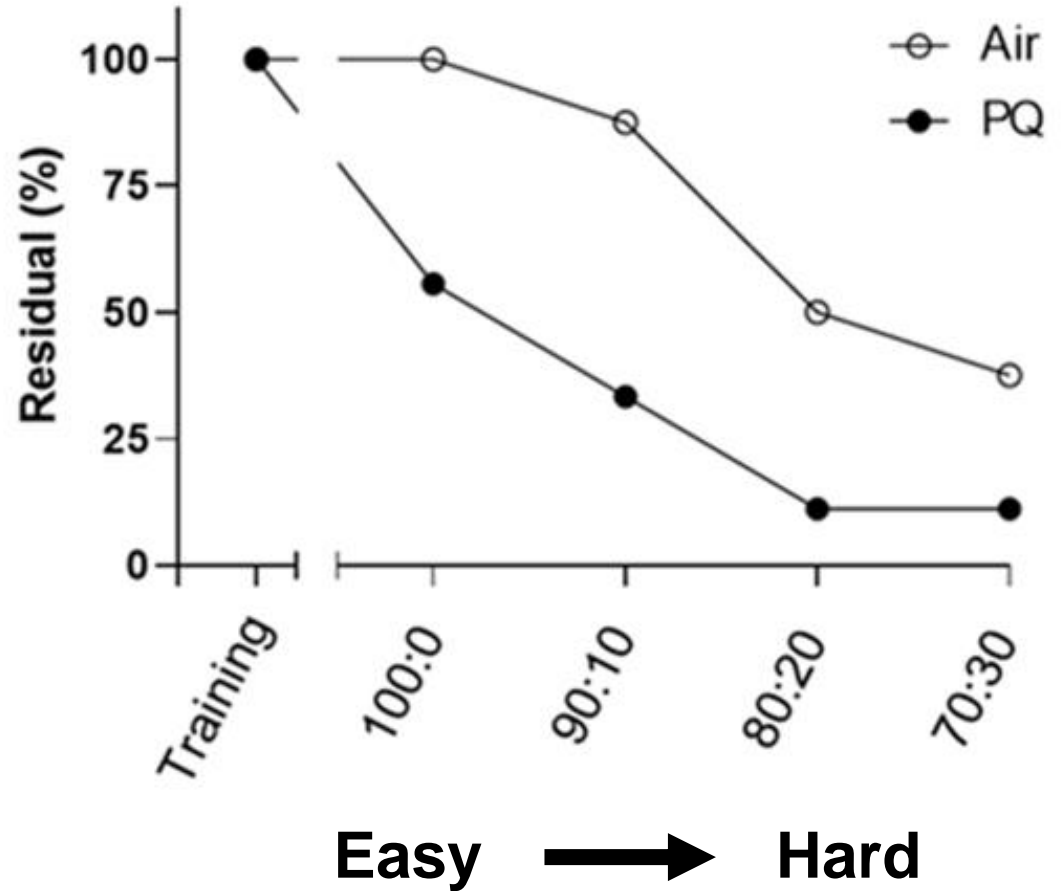
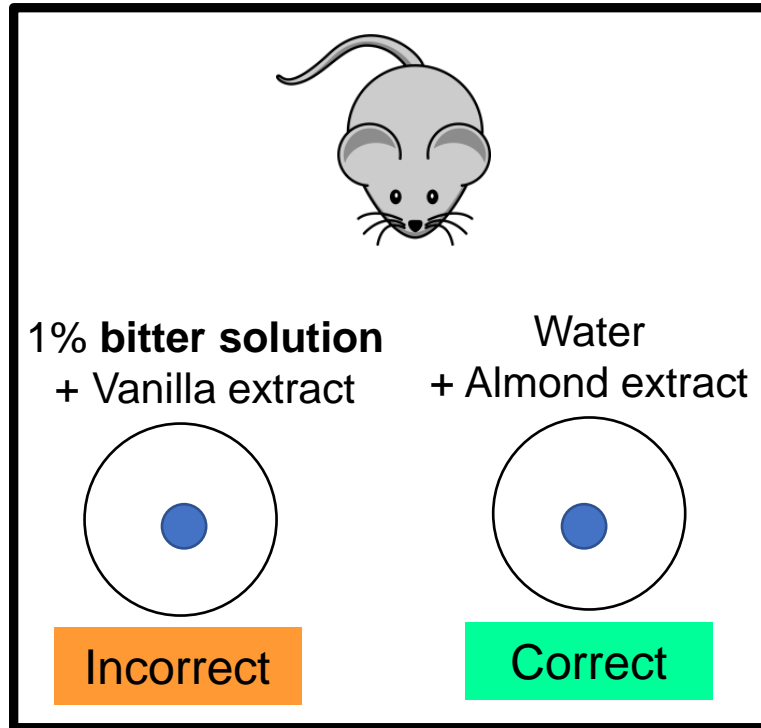


Hyposmia Present in ~90% of PD Patients

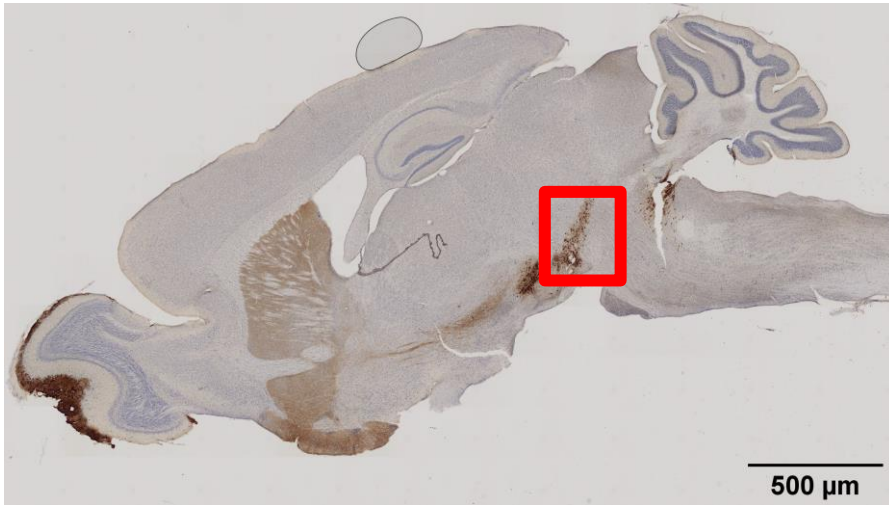


Richard Doty, University of Pennsylvania Smell Identification test

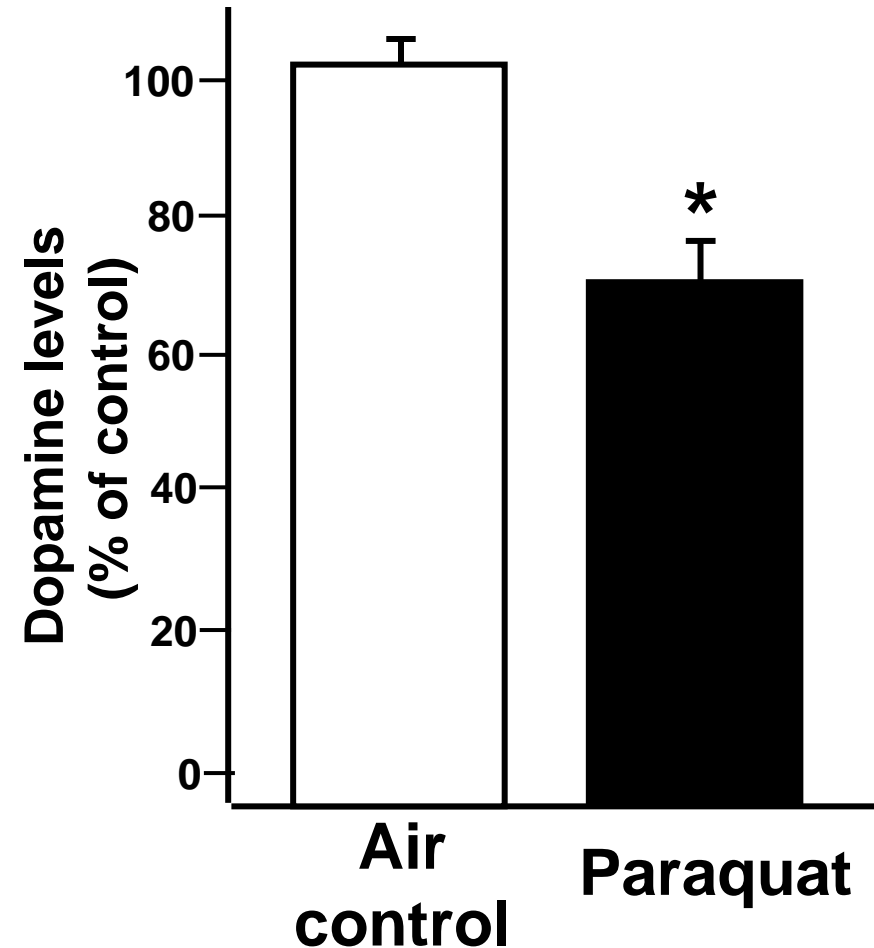
Paraquat impairs ability to smell in mice



Paraquat decreases midbrain dopamine



**~25% reduction
in dopamine
levels**



n = 8-9 per treatment; data represents % control \pm SE; Student's t test, asterisks indicate $p < 0.05$

Anderson et al. (2021) *Tox. Sci.*



SOT | Society of
Toxicology
academic.oup.com/toxsci

TOXICOLOGICAL SCIENCES, 180(1), 2021, 175–185

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Research Article

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Inhaled paraquat enters brain, impairs sense of smell in male mice

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In a novel mouse inhalation study, paraquat entered the brain and other tissues and affected sense of smell in males only.

BY ASHLEY PEPPRIELL



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<https://factor.niehs.nih.gov/2021/2/papers/paraquat/index.htm>

Paraquat Lawsuits for Parkinson's Disease

April 27, 2020

COMMENTS

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AT A GLANCE

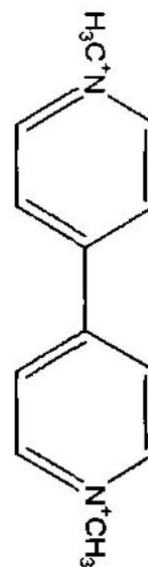
This Alert Affects:

Anyone who was exposed to the pesticide paraquat dichloride at work or in their community and was later diagnosed with Parkinson's disease.

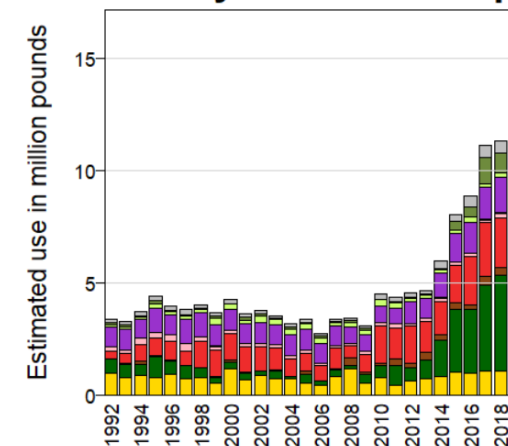


Summary and Conclusion

- Herbicides, like paraquat, can cause PD-like symptoms in humans and animals
- Understanding the early non-motor symptoms can help in early diagnosis and treatment
- Reducing exposure to harmful chemicals and pollutants can help lower risk for PD



Paraquat Use by Year and Crop



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Thank You for Joining Us Today!



Our team will compile answers for any questions not addressed during the session. Find those answers on our Brain Awareness [webpage](#) in the following days.

Join our Upcoming Sessions:

- Wednesday 6pm – Brain and Mental Health Discussion Panel
- Thursday 3pm, 4pm, 6pm – Autism, Diverse Brains, Drug Abuse and the Brain
- For questions about the Brain Awareness Week at SUNY Empire, email brainawareness@esc.edu.

